



Acne

Acne is the most common skin condition and affects 85% of all Americans. It can appear at any age most often on the face but also on the back and chest in the form of pimples, whiteheads and blackheads. More advanced acne appears as cysts and can cause severe scarring and staining if left untreated.

The true cause of acne is the overproduction of oil. Acne occurs when oil, dirt and bacteria are trapped in a pore. Acne can also be triggered by hormonal changes, genetics, stress, diet, medications and the environment.

How Can Acne Be Treated?

Mild to moderate acne can be addressed through a variety of facial treatments. The goal is to thoroughly cleanse oil and bacteria from pores and return skin to its natural state. An essential component of acne treatments is to exfoliate the superficial layer of the epidermis that traps dirt and oil in the pore. This also promotes oxygenation of the skin allowing for deeper cleansing.

At Invidia Salon and Spa, we can recommend a program of therapy and products to help treat acne. Microdermabrasion and Hydra Therapy are two procedures in which a unique tip exfoliates dead skin cells while suction is used to extract impurities. Light Therapy is another tool wherein light penetrates deep layers of the skin, stimulating the release of oxygen that kills bacteria. Finally, home care is essential; we offer advanced skincare products expressly designed to help you treat acne and maintain clear, healthy skin.