



## *How do I Care For a Spray Tan?*

- Do not swim, sweat, bath or exercise for at least 8 hours – plan accordingly.
- Wear dark loose fitting clothing for 8 hours, while tan is developing.
- After 8 hours, shower normally, and do not use exfoliants or abrasives.
- Wash with a mild shower gel, preferably moisturizing, and a mesh shower poof.
- Some cosmetic color will wash off in the shower. That is normal. Your tan is underneath.
- Pat dry with a towel, don't rub dry.
- Apply a moisturizer immediately after showering on damp skin. Use approved moisturizers.
- Apply a moisturizer twice a day. You can apply extender once a week. Be sure to scrub palms after applying tan extender.
- Avoid manually exfoliating skin. In addition, some products can cause faster fading. These include bar soaps, alcohol-based products such as toners and astringents, acne cleansers or products that cause exfoliation.